

# KRON AKTIV 2021 (17.05.-29.10.21) Shortened programme from 17.05.-04.06. and from 04.10.-29.10.2021

## **MONDAY**

The spirit of herbs: herbal and Kneipp walk on the panoramic trail in Reischach

Start: 10:00am Outdoorcenter Reischach

Return: 2:00pm Difficulty: Easy

Nature's spectacle: hike to the Earth Pyramids

Start: 10:00am Outdoorcenter Reischach, 10:15am Percha Pizzeria

Koriander
Return: 4:00pm
Difficulty: Medium

Action! Mountainbike technique training BASIC COURSE and riding on trails

Start: 10:00am Outdoorcenter Reischach

**Return: 3:00pm** (lunch break 12.00pm – 1.00pm)

**Costs:** 20,00 € (Bike and equipment)

E-Bike Fully day tour to the Angerer Alm

Start: 10:00am Outdoorcenter Reischach

**Return: 3:30pm** (lunch break 12.00pm – 1.00pm)

**Costs:** 50,00 € (Bike and equipment)

**Difficulty:** Easy-Medium

E-Bike Fully day tour to the Lanzwiese\*

Start: 10:00am Outdoorcenter Reischach

**Return: 2:30pm** (lunch break 12.00pm – 1.00pm)

**Costs:** 50,00 € (Bike and equipment)

Difficulty: Medium/Difficult







## **TUESDAY**

**Back to nature:** herbal and Kneipp walk in Gais

Start: 10:00am parking playing grounds Gais

Return: 2.00pm Difficulty: Easy

Action! Via ferrata (Lagazuoi) with an alpine guide \*

Start: 8:00am Outdoorcenter Reischach

Return: 3:00pm

Costs: 25,00€ equipment Difficulty: Easy/Medium

Nature's spectacle: Hike to the mountains of Falzes

Start: 09:30am Outdoorcenter Reischach, 09:45am sports area Falzes

Return: 4:00pm Difficulty: Medium

Cross Country: Easy Mixed-Mountainbike (MTB + E-MTB) tour around Bruneck

Start: 10:00am Outdoorcenter Reischach

Return: 2:30pm

**Costs:** 20,00 € (Bike rental) or 50,00€ (E-Bike)

<u>Action!</u> Mountainbike technique training + DH technique training BEGINNERS COURSE

Start: 10:00am Outdoorcenter Reischach

**Return: 3:00pm** (lunch break 12.00pm – 1.00pm)

Costs: 50,00 € (Bike and equipment) + full day ticket for the lift

**Difficulty:** Easy/Medium







## **WEDNESDAY**

Farm visit: hike to bake bread followed by tasting session

Start: 10:30am Outdoorcenter Reischach, Stefansdorf

Return: 4:00pm

**Difficulty:** Easy/Medium

**Mountain hike: Around the Dolomites** 

Start: 09:00am Outdoorcenter Reischach , 09:10am: bus station

St.Lorenzen
Return: 4:00pm
Difficulty: Medium

<u>Action! Mixed Mountainbike (MTB + E-MTB) tour to the Rainer Wasserfälle</u>

Start: 10:00am Outdoorcenter Reischach

Return: 2:30pm

**Costs:** 20,00 € (Bike) or 50,00e (E-Bike)

**Difficulty:** Easy

<u>Action! E-Bike Tour</u>: Difficult Full day E-Bike tour to the Kronplatz with descent on

the Gassl trail

Start: 10:00am Outdoorcenter Reischach

Return: 2:30pm Costs: 50,00 € (Bike) Difficulty: difficult

<u>Action!</u> Downhill technique training for advanced rides\* or for participants of the basis course on tuesday

Start: 1:00pm Outdoorcenter Reischach

Return: 4:00pm

Costs: 50,00 € (Bike and equipment) + full day ticket for the lift

**Difficulty:** Medium-Difficult







## **THURSDAY**

The mountain is calling: Mountain hike in the Alps

Start: 09:00am Outdoorcenter Reischach

Return: 4:00 pm Difficulty: Medium

**Herbal walk:** in Stefansdorf

Start: 10:00am fire station Stefansdorf

Return: 2.00pm Difficulty: Easy

E-Bike: full day tour to the Hofstadtalm and descent on the trails in Anterselva

Start: 10:00am Outdoorcenter Reischach

Return: 2:30pm

**Costs:** 50,00 € (Bike rental)

**Difficulty:** medium

**Action!** Challenging E-MTB Trail Tour

Start: 09:30pm Outdoorcenter Reischach

Return: 2:30pm

**Costs:** 50,00 € (Bike rental)

**Difficulty:** difficult

**Action!** Mountainbike technique training BASIC COURSE

Start: 09:00am Outdoorcenter Reischach

Return: 12:00am

**Costs:** 20,00 € (Bike and equipment)







## **FRIDAY**

Action! Via ferrata with Alpine Guide\*

Start: 8:00am Outdoorcenter Reischach

Return: 3:00pm

Costs: 25,00€ equipment

**Difficulty:** Difficult

The mountain is calling: Hiking to the beautiful mountain huts in Val Pusteria

Start: 09:00am Outdoorcenter Reischach

Return: 4:00 pm Difficulty: Medium

Panoramic views: hike on and around the Kronplatz

Start: 10:00am Outdoorcenter Reischach

Return: 2:00pm
Costs: ticket cable car
Difficulty: easy

**E-Bike Tour**: Earth Pyramids and Gönneralm

Start: 10:00am Outdoorcenter Reischach

Return: 3:00pm Costs: 50,00 € (Bike) Difficulty: medium

**Easy E-Bike Tour**: Hexenplatzl

Start: 09:00am Outdoorcenter Reischach

Return: 12:00am Costs: 50,00 € (Bike) Difficulty: easy

Action! Downhill technique training for advanced riders\*

Start: 1:00pm Outdoorcenter Reischach

Return: 4:00pm

Costs: 50,00 € (Bike and equipment) + full day ticket for the lift

**Difficulty:** Medium-Difficult

\*Only July and August Changes reserved



